



TNR EXCELLENCIA ACADEMY
INTERNATIONAL SCHOOL
(AFFILIATED TO CBSE VIDE NO. 3630379)

INSPIRIA

Newsletter

Vol - 1

2022-23

Vision & Mission

Vision

To Empower students with holistic learning to value knowledge and skills, become confident physically, intellectually, morally and spiritually and create a world in which every child blossoms to be a responsible leader capable of dealing with the changing world having right blend of knowledge and values.

Mission

To Foster each child with a conducive environment and promote lifelong learning in an open and caring atmosphere that motivates the child to reach constructive maturity, challenge one's strengths, grow, progress and maximise one's innate potential to excel and lead a harmonious life.

From the Principal's Desk

Dear Readers,

Greetings!

I proudly present to you the first issue of our biannual school newsletter for the academic year 2022-23. The newsletter will keep you updated on the exciting activities and events that have taken place at TNR Excellencia Academy over the past few months.

Our students have had the opportunity to participate in a variety of extracurricular activities and sports activities, both within school as well as in inter-school events, and have made us proud by bagging various prizes in sports, literary and cultural events. We too, are planning to host an Inter-School Art Competition soon. Right now, we are all geared up for our upcoming annual event 'Prakriti- a symphony of nature' and look forward to present a beautiful show.

On the academic front, our teachers have been working hard to engage and challenge our students. Our traditional parent teacher Meets have gradually changed into Student Led Conferences with students taking accountability of their work. The creativity and critical thinking skills on display in the SLCs have been amazing. Teachers are constantly honing their skills by attending various training workshops conducted by the CBSE.

We are humbled to receive two awards as a recognition of our efforts to provide quality education to the society. We have received the Global K-12 WOW Awards-2022 for "Supremacy in Quality Education & Cognitive Development" and IKA-2022 award for "Excellence in Adopting Innovative Teaching Methods".

As we look ahead, there are many more exciting events and activities planned for the rest of the school year. Please be sure to check the school calendar and newsletters for updates and opportunities to get involved.

I am grateful for the support of our parents and the hard work and dedication of our students and faculty. Together, let us build a strong foundation for academic and personal success.

Sincerely,

Sudeshna Mairal

Principal



A Zen Moment

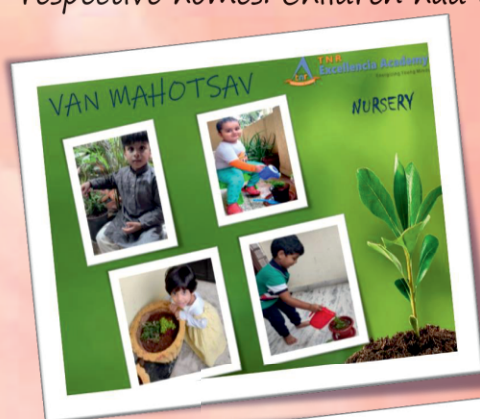
TNR Excellencia Academy, Hyderabad—like any other educational institution is committed to upholding tradition, culture, science and spirituality among its pupils—showed its dedication and enthusiasm in a jubilant observation of International Yoga Day on its campus. The celebration initiated with sharing of the very unmistakable importance and purpose of Yoga and the significance of celebrating International Yoga Day with everyone, and ascended with a mass yoga session conducted by Ms Abhilasha Shinde—an RYT 500 from Yoga Alliance, U.S.A., pranayam, meditation, pre- and post natal yoga coach.

The programme also incorporated an online yoga session for all the parents. The most interesting part was when children, educators and parents participated in a quiz titled "Yoga Se Aayu" conducted on the portal of MyGov Quiz, while the physical session came to its cessation with a triumphant presentation and demonstration of various human pyramids under the guidance of the self-defence and physical health and education coaches of the academy.



Vanamahotsav

The students had exchanged saplings among themselves and planted them in their respective homes. Children had enjoyed the joy of plantation.



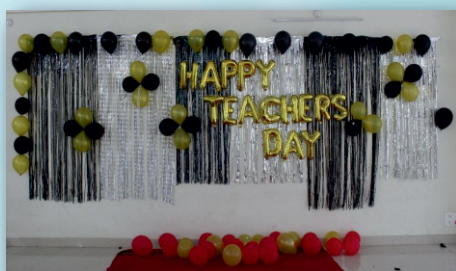
Student Council Elections: A Catalyst for Change

School election process is a time where students get to know about the process involved in choosing the right candidate for a particular post, by using their right to vote and choose a governing body which represents the students of the school as one. The Student Council Elections for the session 2022-23 were held. Students from grade I to X along with the teachers had taken an active part in casting their votes through electronic voting system and ballot system. They had received an identification mark on their index fingers as a sign of participation. A sense of secrecy and discipline was maintained throughout the election process.



Celebrating Our Educators

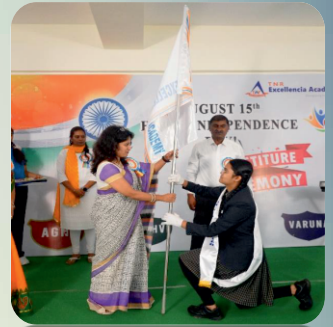
The Teacher's Day celebrations were organized with incredible gusto and zeal by the students of Grades 9 and 10. To express their gratitude students had presented songs, poems and heart throbbing dances and made the day memorable for the teachers. Students had dressed up as teachers and had played the part of different teachers and took classes to teach different subjects.



Student Body Council 2022-23



Our revered Board of Directors, Principal and Coordinator felicitated our all-new students' cabinet along with the House In-charges with the sashes and badges of honour and transferred the legacy, responsibility and accountability to the next-generation leaders. The event was raised to its glory with a heart warming act and an energetic opening song to amplify the feeling of love for our desham, our motherland, India.



Vijaydashami

Festivals are the period of celebration and bring peace and joy to everyone. They are an expressive way of celebrating our glorious heritage, culture and traditions. The students had presented a song and Durga dance. There was also a drama enactment prepared by the children. All the children had participated enthusiastically and enjoyed the celebrations.



Bal Krishn

Krishna Janmashtami was celebrated with great pomp and festivity by the tiny-tots, the Pre-Primary students. A colorful program was organized by Pre-Primary staff, where students and staff presented songs, dance performances and a drama about the festival. Dressed as Radha and Krishna, the cute little darlings had added a traditional touch to the entire celebrations when they danced to the beat of Janmashtami songs, filling the air with joy and festive spirit. The students were overjoyed when they broke the Handi to grace the occasion. Ms. Sudeshna Mairal Principal, along with the teachers appreciated the students and enjoyed the celebrations thoroughly.



Independence Day - Kindergarten



Kindergarten Students had a special assembly celebrating Independence Day. All students came dressed up as freedom fighters. They sang various patriotic songs and remembered our nation's leaders.

Swatantrata Divas

बस ये बात हवाओं को बताये रखना,
रौशनी होगी चिरागों को जलाये रखना,
लहूँ देकर जिसकी हिफाजत की शहीदों ने,
उस तिरंगे को सदा दिल में बसाये रखना !!

With freedom in mind and pride in hearts TNR Excellencia Academy had celebrated the 75th Independence Day. To commemorate the sovereignty of our Nation, Chairman of the School, T. Ravinder Rao, had hoisted the tricolor and all in unison had sung our National Anthem and expressed the joy of our freedom. It was a day to feel proud in being a part of his nation. May the spirit of freedom lead us all to success and glory in life.



Krazy Groove Fiesta



A fun filled Carnival was a great way to unite the teachers, students, their families and friends for a day of crazy grooves and tons of fun! All the four houses of the school had put up stalls, Bouncy Castle, Delicious Food, Aqua Bay, Royal Casino, Going Wild, Creepy Crawlers. The children along with their parents had a wonderful time fun, playing games and filled with grooving.



I Write to You:

Letters of Love and Appreciation

An early means of communication was the postal service. An activity was conducted for the students of Grade 1-10 including teachers, to enrich the students' knowledge of postal services. The students were given post cards and were asked to fill in information in it with a message to their favourite teacher and drop the same in the DIY post box. Teachers had also written messages on Post card for their fellow teachers and posted them in the Post Box.



Masterchefs of TNREA

"Nothing brings people together like good food." A competition was held for Grades 1- X to determine the Master Chef and professional chefs were invited to judge. Students were allotted different cuisines, based on which they had to prepare a dish of their choice. All the participants brought their best recipes forward and thoroughly savoured the competition. A special thanks to Mr.Maheshwar Reddy , Mr Siddeshwar Munagapati and Mr Anirudh Rao for adding flavors to the competition.



Captured Moments

To celebrate World Photography Day, which falls on August 19, we had invited Mr Kalyana Seetharam Vemuri, a Professional Photographer to interact with the students of Grade 10. He spoke about the history of Photography, the science and technicalities behind the workings of a camera and his own journey into the field of Photography. He showed different types of cameras and lens. Students were informed about the various career options and opportunity in Photography. At the end of the session students were asked to click one picture using the tips given by Mr Kalyana.



Eco-fashionistas

A Fashion Show with a difference was conducted in our school for Kindergarten students. The fashion show aimed to create clothing that are environmental friendly. The little ones displayed their eco-friendly clothes and walked the ramp. All the children enjoyed the fashion show and cheered their friends walking the ramp.



Show and Tell

For the Inter House Competitions: Students of Grades 1- 3 had participated in a “Show and Tell” competition. Few objects were placed on a table and the participants were asked to pick any object of their choice and speak about it for one minute. All the students had participated with good spirit of winning.



Extempore

Inter House Competitions: Students of Grades 7-9 had participated in an "Extempore". The theme was, "Women Empowerment". All the participants were asked to pick up a chit and speak their thoughts on the picked topic related to women empowerment.



Parent-Teacher Meet

Parent-Teacher Meet for the academic year 2022-23: Parents of Nursery to grade 10 wards had attended the meeting to discuss the performance of their children.



Our Earth

Students of Grade III had learnt about "Our Earth". Under the guidance of their Social teacher Ms. Rathan Komal, students made the model of earth using a plastic ball, newspaper, tissue paper and other material. Making this model helped the students learn about their earth better.



Physiographic Divisions of India

Under the guidance of Social Teacher Mrs Sikta Rata, Students of grade 9 marked all the major Physiographic divisions of India in a creative way. Students used different things to show different areas with specific colors which made learning more effective.



1st in Merustav Dance Competition

Achievement of TNR Excellencia Academy: Under the training of Ms Pravalika and Ms Pinky Yadav, grade III, IV, V, VI students bagged the 1st position in Dance Competition at Merutsav – Inter School Fest. Congratulations to the entire team behind this winning moment..



1st in Merutsav Nation Dance



1st prize in Art Competition (Silhouette Painting)



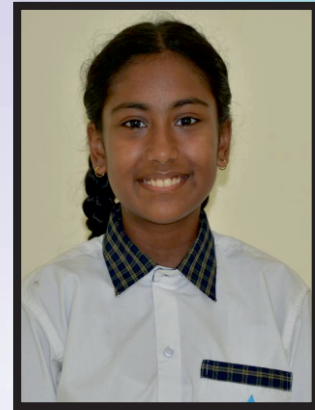
DRS International school
3rd prize in group dance (Folk)

Sl No	Name of the Student	Grade
1	Hemani Reddy	4
2	Harshini Anna Reddy	4
3	Sreenithya	5
4	Riddi Arora	5
5	Jyoshitha	5
6	Mayank Yadav	5
7	Shiva Mahadev	4
8	Hemanth. K	4
9	Sohan. K	3
10	Likith	3

3rd prize in Solo Dance

Sl No	Name of the Student	Grade
1	Sanvi A	4

Hitee Varshney, Grade VIII, had received 2nd prize as the Student Reporter and 3rd prize in Elocution Competition.



Meru International School

P.Tejoyardhan(4th)	yoga	2nd position			
T.Sai Tanush Reddy(9th)	yoga	2nd position			

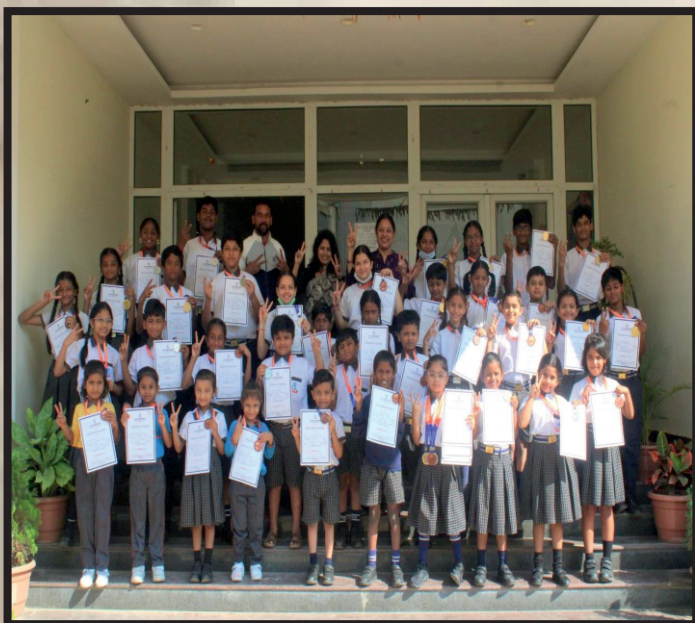
Sunflower Vedic International School

Khel Diwas

BH.Abhiram	Boys	0/12	100mts run	sliver	2nd
			shotput(4kg)	sliver	2nd
			longjump	gold	1st
J.Mahanya	Girls	0/10	60mts run	gold	1st
			shotput	sliver	2nd
			longjump	bronze	3rd
Akhil sai	Boys	0/12	longjump	bronze	3rd
T.Aarohi	Girls	0/10	shotput	gold	1st
Tanushka sharma	Girls	0/12	shotput	sliver	2nd
Ayesha Jabeen			shotput	bronze	3rd



SFA Championship



SFA Championship					
2022-23					
0-16	Girls	Shortput	Rishitha Goud (10)	bronze	3rd
0/14	Boys	Long jump	Vinil Vinu(7)	gold	1st
			Uthkarsh	sliver	2nd
0/10	Girls	Shortput	Aarohi(4)	sliver	2nd
0/8	Girls	50mts run	K.Yukta sai sree(2)	gold	1st
0/12	Girls	Shortput	Ayesha jabeen(7)	gold	1st
			Tanushka Sharma(7)	sliver	2nd
0/8	Girls	100mts run	K.Yukta Sai Sree(2)	sliver	2nd
0/6	Girls	50x4 mts relay race	P.Vinsika Reddy(ukg)	bronze	3rd
			Hanika Reddy(ukg)	bronze	3rd
			Kiriti Chowdhary(ukg)	bronze	3rd
			Karuna Chowdhary(ukg)	bronze	3rd
0/8	Girls	50x4 mts relay race	K.Yukta Sai Sree(2)	sliver	2nd
			Devi Sri Nitya(2)	sliver	2nd
			Joslyn Harika(1)	sliver	2nd
			Srinavi.S (1)	sliver	2nd
0/10	Girls	50x4 mts relay race	Mahanaya (5)	bronze	3rd
			Aarravi (3)	bronze	3rd

SFA CHAMPIONSHIP					
2022-2033					
KARATE					
1	0/15	boys	KUMITE	B.Karthik naik(8th)	gold
2	0/11	boys	KUMITE	K.Sohan(3rd)	gold
3	0/11	girls	KUMITE	M.Ritsika(6th)	gold
4	0/13	boys	KUMITE	K.Nikhil(5th)	gold
5	0/7	girls	KUMITE	Nirukti	gold
6	0/9	girls	KUMITE	Parnika reddy(3rd)	gold
7	0/11	boys	KUMITE	A.Udbhav(4th)	sliver
8	0/11	girls	KUMITE	Durga chowdary(6th)	sliver
9	0/11	boys	KUMITE	Aman sharma(10th)	sliver
10	0/15	girls	KUMITE	A.Rashvitha purvu(9th)	sliver
11	0/13	boys	KUMITE	krishna chaithanya (8th)	sliver
12	0/11	boys	KUMITE	Shreyansh Goud(4th)	sliver
13	0/11	girls	KUMITE	Tavika(3rd)	sliver
14	0/9	boys	KUMITE	Meghan Sai(3rd)	bronze
15	0/11	girls	KUMITE	Liana Tolji	bronze
16	0/13	boys	KUMITE	P.Tejavardhan(4th)	bronze
17	0/11	girls	KUMITE	M.Ashritha(5th)	bronze
18	0/13	girls	KUMITE	Vaishnavi Singh(7th)	bronze
19	0/11	boys	KUMITE	Beru Chowdary(2nd)	bronze
20	0/11	girls	KUMITE	J.Mahanya(5th)	bronze
21	0/11	boys	KUMITE	Parikh Goud(2nd)	gold
22	0/13	girls	KUMITE	P. Jahavi(6th)	sliver
23	0/9	boys	KUMITE	Aryan Ganesh(2nd)	sliver
24	0/9	boys	KUMITE	Ishitha(2nd)	sliver
25	0/13	boys	KUMITE	Srividhya Ramba(4th)	sliver
26	0/11	boys	KUMITE	Sri Harshitha(2nd)	bronze
27	0/11	girls	KUMITE	Ranveer(1st)	bronze
28	0/7	boys	KUMITE	Nikshay(st)	bronze
29	0/7	boys	KUMITE	Viraj(1st)	bronze
30	0/9	girls	KUMITE	Yukta Sai Sree	bronze



TNR Excellencia Academy

Energizing Young Minds

TNREA's Achievements 22-23
Congratulations !!

TNREA's
left no stone unturned with their
achievements in
Interschool Sports,
Martial arts, Literary,
Art, Dance,
Music competitions



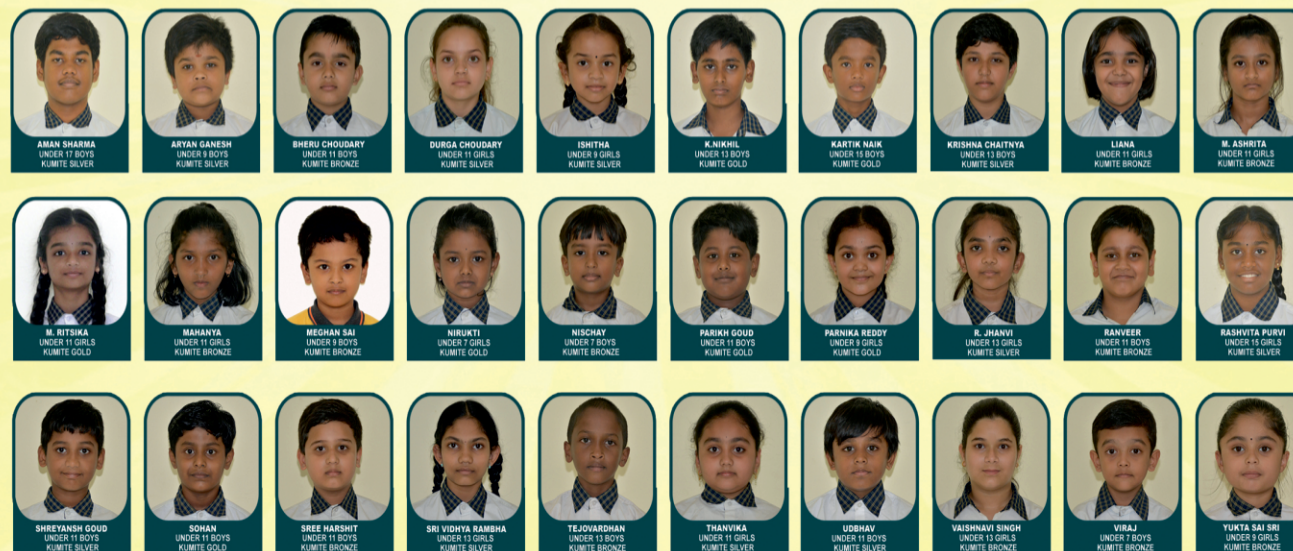
INTERSCHOOL SPORTS COMPETITION



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SFA CHAMPIONSHIP'22 WINNERS - ATHLETICS



SFA CHAMPIONSHIP'22 WINNERS - KARATE



1ST PRIZE INTERSCHOOL ART COMPETITION



AASHRITHA - BEST ENTRY INTACH



1ST PRIZE INTERSCHOOL DANCE COMPETITION



3RD PRIZE INTERSCHOOL DANCE COMPETITION



HITESH VARSHNEY
GRADE 8
2ND PRIZE INTERSCHOOL STUDENT REPORTER
3RD PRIZE INTERSCHOOL ELUCUTION COMPETITION
NISHA MUDIRAJ
GRADE 10
BOCI U-19 WOMEN'S T20 TOURNAMENT



1ST PRIZE INTERSCHOOL DANCE COMPETITION



2ND PRIZE INTERSCHOOL YOGA COMPETITION



Our school is ranked in the Top 10 among 200+ schools in Hyderabad

IKA-2022 (Hyderabad) was awarded to the School for "Excellence in Adopting Innovative Teaching Methods"..



Global Business Reconnect K-12 WOW Awards 2022 honored TNR Excellencia Academy for "Supremacy in Quality Education & Cognitive Development".



B . Aashrita of Grade 9, was awarded the 'BEST ENTRY in THEATRE TRADITIONS' conducted by Young Intach - The heritage club newsletter.



S. Mithra Mudiraj of Grade 10 was selected for "Hyderabad U-19 Women's Team" to participate in BCCI Under-19 Women's T20 Tournament.



Crescendo

School's not all about academics. It's also about honing a child's talents and developing his or her creativity in various areas, including Music and Dance. TNR Excellencia Academy includes Elective Music as a part of students' holistic development. Students enjoy practicing musical instruments and dancing to their hearts content. Trained professionals, Mr. Nirmal, Mr. Madhu and Mr. Karthik train the students to play the guitar and the keyboard, and to dance respectively.



Our Nursery students enjoying their dance session and showing off their dance moves.



TNR Experimentalists

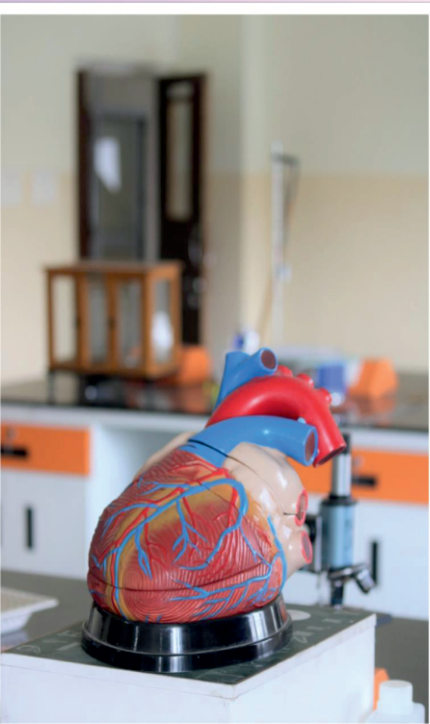
Students of Grade III were shown the model of the skeletal system by their Science teacher Ms. Pravallika and had learnt about the framework of bones and joints.



Students of Grade IX were taught how to operate a microscope by their Science Facilitator Ms. Sudepta Sarkar and had observed cells of various organisms.



Students of Grade II had learnt "Heart and Brain" in the Science Lab under the guidance of Ms. Jayashree and Ms. Sandhya. They had observed the models of the heart and the brain.



Unity Run



Sports Competitions

Students had participated in 50 Meters Sprint and in Collecting Cones. All the students had actively involved themselves in these competitions.





*Fit India School Week:
As a part of fitness week,
Aerobic Exercises like
jogging, running and warm
up session was conducted
at school.*



*Ganesh Chaturthi Pooja : May the blessings of
Bhagwan Shri Ganesh always remain upon us.*



Sign Language

Students of Grade VIII had organised a beautiful and well-planned assembly for "International Day of Sign Language". A slide show on the importance of Sign Language and a dance performance were the highlights of the assembly.



Kargil Vijay Diwas

On the occasion of Kargil Vijay Diwas a special assembly was organised by the students of Grades 5 and 6. They had presented a beautiful dance in the honor of India's victory over Pakistan in the Kargil War. TNR Excellencia Academy salutes all the brave soldiers of the India who had laid down their lives fighting for our nation.



Janmashtami

For Janmashtami, the Telugu Department had given a speech about the festival. Students had also performed a special dance for the occasion.



Vinayaka Chaturthi



The ever-ablaze Agni House had set the stage on fire with remarkable performances showcasing power, passion, faith and fraternity through a play, delivering the message of celebrating Ganesh Chaturthi, purchasing eco-friendly idols of Lord Ganesha and had also performed a dance, expressing gratitude and praising the Lord of Wisdom and Conqueror of All Obstacles.

Hindi Diwas Samaroh

टी.एन. आर. एक्सेलेंशिया अकादमी द्वारा हिंदी दिवस समारोह बड़ी ही धूमधाम और हर्षोल्लास के साथ मनाया गया। इस अवसर पर मुख्य अतिथि के रूप में श्रीमान राजेंद्र कुमार सिंह भी उपस्थित थे। मुख्य अतिथि महोदय ने छात्रों को हिंदी दिवस की हार्दिक शुभकामनाएँ दी और उन्हें हिंदी भाषा के महत्व से अवगत कराया। इस अवसर विभिन्न प्रतियोगिताओं में जीतने वाले सभी छात्रों को श्रीमती प्रधानाचार्या जी द्वारा पुरस्कृत भी किया गया।



Blue, Blue Everywhere!!

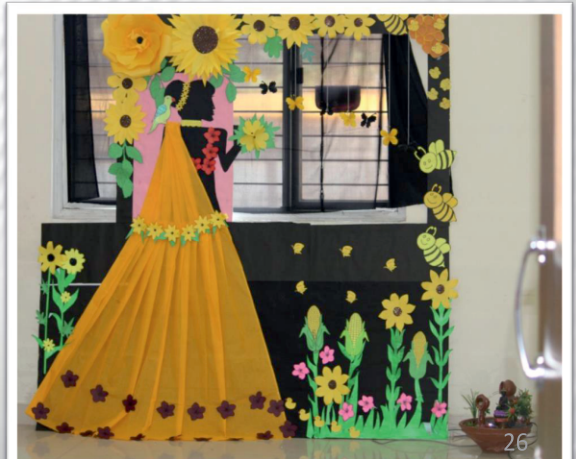
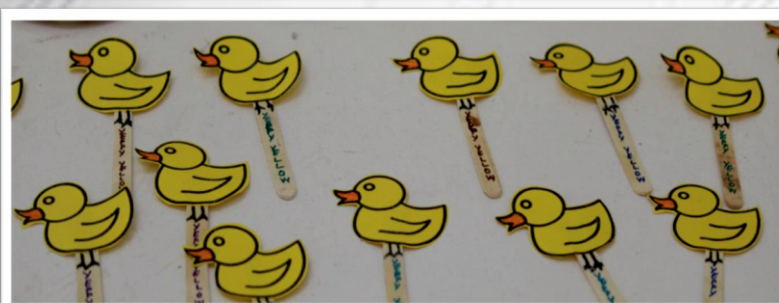
For the Blue Colour Day, the students had come dressed in blue and had brought their favourite blue-coloured toys and objects. They had also taken up a Palm-printing Activity using the colour blue.





Yellow Day!!

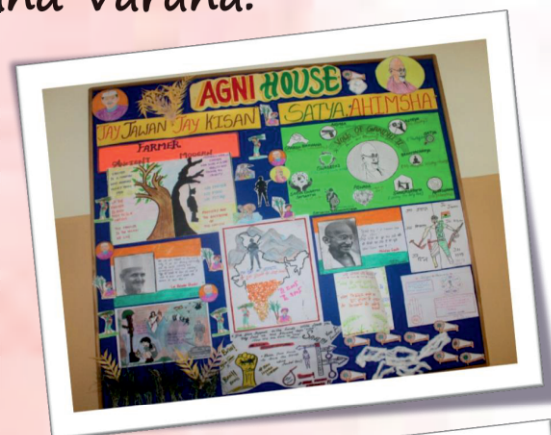
All the children and staff were dressed in different hues and tints of yellow, they also brought yellow objects to make it a complete "Yellow Day"! The classrooms were beautifully decorated with Yellow Smileys, Sunflowers, and Ducks etc.



**Students' works displayed on the four Club Boards:-
Eco Club, Creative Club, Vector Club and Heritage Club.**



**Students' works displayed on the four House Boards:-
Agni, Vayu, Prithvi and Varuna.**



10th at Ethipothala Falls



An excursion was arranged of Grade X students to Nagarjuna Sagar on the 9th & 10th of October along with 3 senior grade teachers. They had checked in at Vijay Vihar (Telangana Tourism) for their stay. They also went to Nagarjunakonda Museum on a steamer. The museum was built on the island in 1966. The museum, designed in the style of Buddhist Viharas, displays the Buddhist, Palaeolithic and Neolithic artefacts and ruins that were discovered during earlier excavations. The next day, they had visited the Ethipothala Falls, the waterfall which is a combination of three streams namely Chandravanka Vagu, Nakkala Vagu and Tummala Vagu. It is situated about 11 kilometres (6.8 miles) from Nagarjuna Sagar Dam. The excursion ended with much fun, enthusiasm and memories for life.

8th and 9th at the Meteorological Department



Children of Grades VIII and IX went on a trip to the Meteorological Department of Hyderabad, Begumpet Unit. Right from learning the differences between a manual rain gauge and a self-recording one to being enlightened about the detailed mechanism of dry-wet bulb thermometers and thermographs, the children had the best of their time exploring the tools and techniques that meteorologists use on a regular basis to keep the humankind updated with all the weather phenomena.

The highlight of the day was finally making it to the top of the unit, the ra-dome (radar dome) which had the Doppler Radar installed inside.

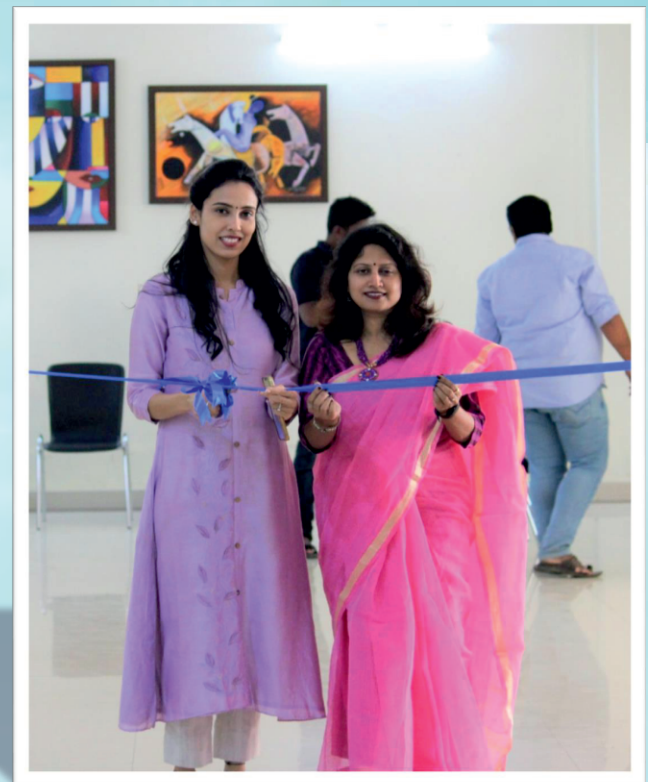
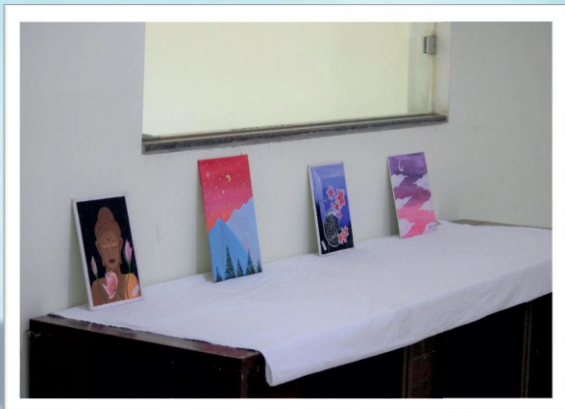
Primary Students at the Panchatantra Theme Park

The students of Grades 1, 2 and 3 along with their class teachers had visited the 'Panchatantra Theme Park', Gachibowli. The Park exhibits the interactive sculptures of Panchatantra characters such as crocodiles, monkeys, storks and other animals. It also features 10 story boards where one can read the tales in different languages. Students had thoroughly enjoyed the field trip and brought back many stories to tell..



Curatorz

TNREAns love art at and an Art Exhibition was a great opportunity for them to show off their talent to their parents, teachers and friends. The exhibition was inaugurated by the Director of the school Ms. T Aishwarya Rao. The students along with the guidance and supervision of the Arts Facilitator Mr. Sumeet Bhuniya had worked hard to produce some well-presented art pieces for the exhibit.





**2023-24
ADMISSIONS
NOW OPEN**

**CREATING
GLOBAL LEADERS**



**HOLISTIC
DEVELOPMENT**



**EXPERIENTIAL
LEARNING**



**TNR EXCELLENCIA ACADEMY
INTERNATIONAL SCHOOL**

(AFFILIATED TO CBSE VIDE NO. 3630379)

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Ms. Barigala Navya

Ms. Agirichetty Rishitha

IKA-2022 (Hyderabad)
was awarded to the
School for “Excellence in
Adopting Innovative
Teaching Methods”..



Global Business Reconnect
K-12 WOW Awards
2022 honored TNR
Excellencia Academy for
“Supremacy in Quality
Education & Cognitive
Development”.