



TNR EXCELLENCE ACADEMY
INTERNATIONAL SCHOOL
(AFFILIATED TO CBSE VIDE NO. 3630379)

INSPIRIA

Newsletter

Vol - 2

2022-23



Vision & Mission

Vision

To empower students with holistic learning to value knowledge and skills, become confident physically, intellectually, morally and spiritually and create a world in which every child blossoms to be a responsible leader capable of dealing with the changing world having right blend of knowledge and values.

Mission

To foster each child with a conducive environment and promote lifelong learning in an open and caring atmosphere that motivates the child to reach constructive maturity, challenge one's strengths, grow, progress and maximise one's innate potential to excel and lead a harmonious life.

From the Principal's Desk

Dear Readers,

As we come to the end of another academic year, I would like to take a moment to reflect on all that we have accomplished together as a school community through the second volume of the school newsletter 'Inspiria'.

Continuing the success stories of term-I, we celebrated many achievements and milestones in term-II too. Our students excelled in academics, sports, arts, and community service, and we are proud of each and every one of them. Our faculty and staff worked tirelessly to create a safe and nurturing learning environment, and their dedication is truly inspiring.

As we look ahead to the next academic year, we have much to be excited about. We will continue to build on our successes and strive for excellence in all that we do. We are all set to welcome new students and highly qualified passionate faculty members and to embrace new opportunities for growth and learning.

As we bid farewell to our very first batch of grade 10, we wish them all the best in their future endeavors. We are confident that they will go on to achieve great heights in life and will make a positive impact on the world.

I would like to express my gratitude to each and every member of our school community- the students, staff and the parents. Your hard work, dedication, and commitment to excellence have made this academic year a success. Thank you all for the constant support and encouragement.

Sincerely,
Sudeshna Mairal
Principal



Words of Inspiration

Our Honorable Chairman Sir, Mr.T.Ravinder Rao of TNR Excellencia Academy addressed the students of Grade X discussing a few anecdotes from his career. It was an inspiring and introspective session for all the students. They were enlightened about his goals, achievements, failures, successes and the spirit of never giving up and working hard. His disciplined lifestyle, career experience and success stories was motivating session for the future endeavors of the students.



Project VeerGatha 2.0

Students of Grade 10 collaborated with Sadhu Vaswani International School as a part of the project VeerGatha 2.0. Students had an interactive session with Gallantry Award winner- Colonel Sharoan Martin, Sena Medal (Alumni- National Defence Academy NDA). He enlightened the students about his journey in the Indian Army. He shared his successful battles and encouraged the students to fight for the nation. Finally, he suggested the students to stay away from social media and virtual world and take up challenges in real world and real wars.



A Guide for the Future

Aakash+BYJU'S (Success Path) Career Guidance Counselling for Grades VIII, IX & X. All the students got inputs on how to choose a better career option and work towards their goals.



Fight Back

DHEERA – A Program on Violence against Women (VAW) was conducted by The Federation of Obstetric and Gynaecological Societies of India (FOGSI). It was an initiative to orient Boys and Girls of Grades 8-10 on aspects related to preventing violence against women and girls and bringing about a shift towards a broader societal outlook.



Pariksha Pe Charcha

As the students of India prepare for the upcoming board exams and other competitive examinations, Prime Minister Narendra Modi provided these students with important examinations tips and strategies.

'Pariksha Pe Charcha 2023' was shown live to the students of Grade 6-10 along with the Secondary School Teachers. The session was full of useful advice and tips for the students to study without stress, to keep calm, and remain comfortable during board examinations.



Safety on Roads

As a part of the Road Safety Awareness Initiative, students of Grades 7 - 9 participated in an awareness campaign. The campaign was addressed by Mr. K. Srinivas Sub-Inspector of Police - Alwal Traffic Police Station, Mr. B Srinivas (Constable) & Mr. Nithyanandh (Constable). As a part of this, students were briefed about the safety rules and ethics. Students also got the firsthand experience of watching the traffic police stop the commuters who were violating the traffic rules. They further requested them to wear helmets while riding two-wheelers and follow traffic rules.



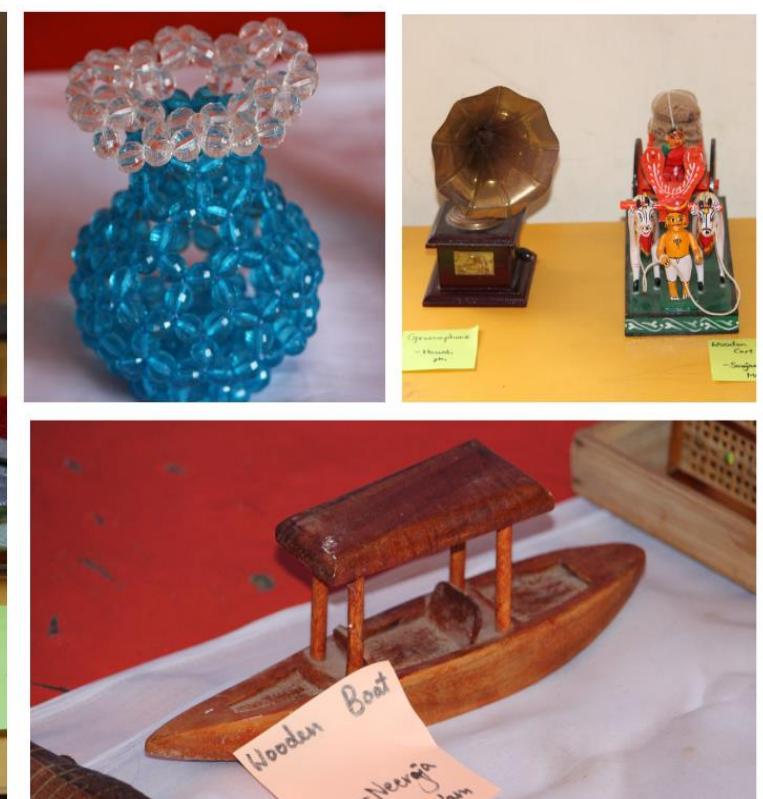
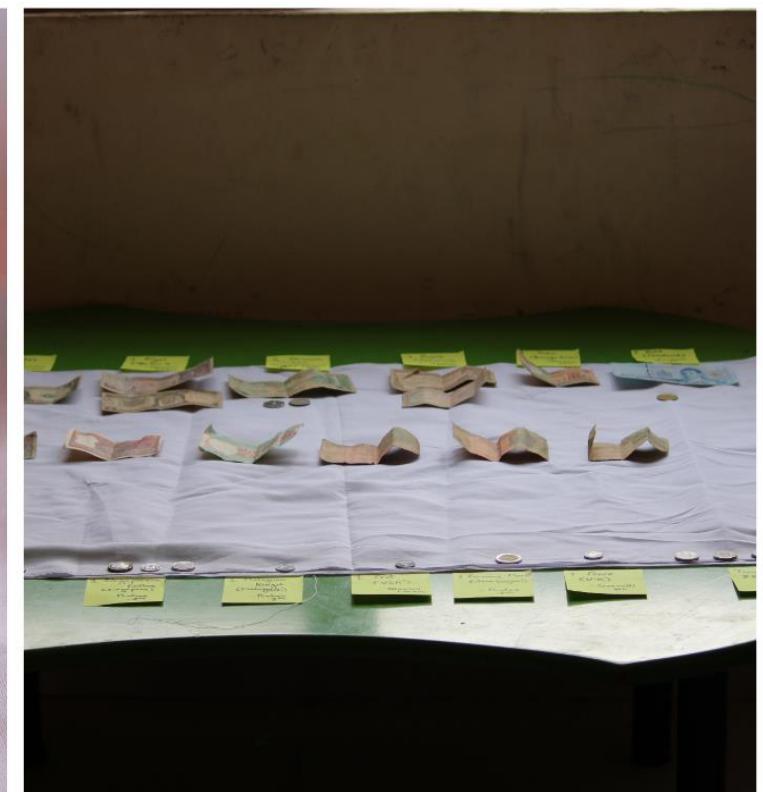
Bibliographic Moments

Students of Grade II engrossed in reading during the library hour.



Museum Stories

Heritage Club Activity - Under the guidance of Heritage Club mentor, Ms. Pinky Yadav, the Students of Heritage Club learnt the concept of "Museum Stories", they set up a one day museum at school for all the students. The Museum had currencies of various countries, old Indian Currency, articles made up of wood, wool and Bamboo, different handmade vases etc. All the collections were brought by students and teachers from their homes. It was a great learning experience for students for their Club.



Coping with Stress



A session was organized for all the teachers. Ms Manju Bhagtni, a Counseling Psychologist, Certified Play & Art Therapist, Certified Graphologist to help teachers use art as a coping strategy to overcome stress. Art-based activities, games, and discussions were the highlights of the session.



Towards a Sustainable India

Mission 20K Cycling Session : Mr.Chan S Kun, a mountaineer and cyclist conveyed the most important message to the students and staff. He is on a journey towards sustainable future. Cycling across India Mission aims to spread awareness about three messages: tree plantation, commuting by Cycles and minimalistic lifestyle.

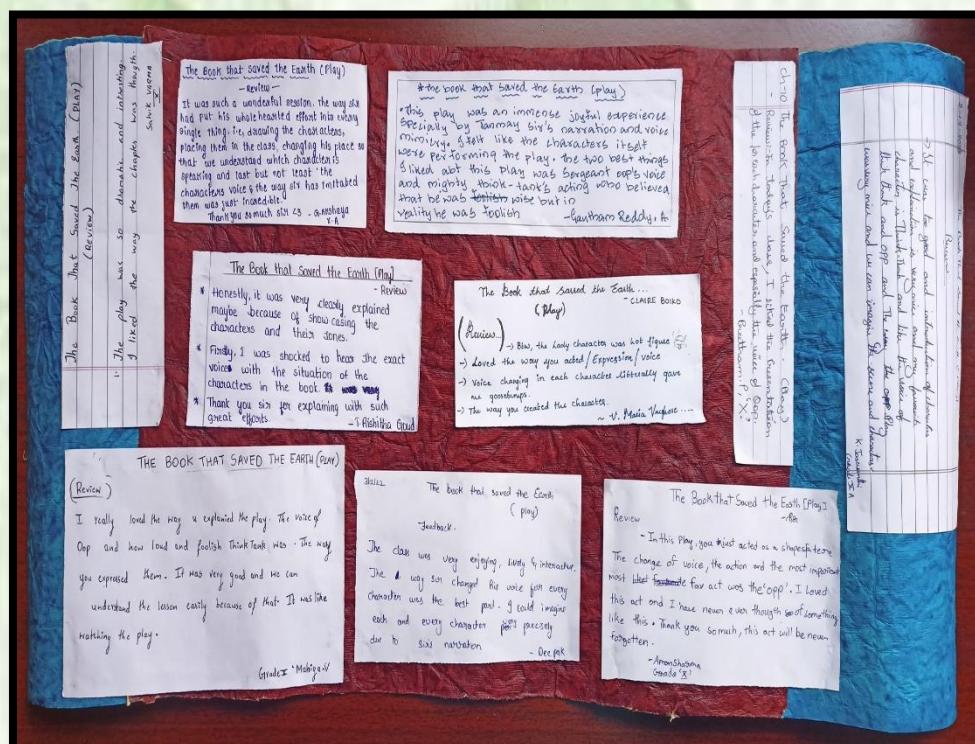


Skill Enhancement



The Book That Saved the Earth

In Grade X, Subject In-charge, Mr. Tammay Sarkar read out the play script using hand-drawn characters on placards and multi-character voicing by playing the character of the Historian himself, with an objective to integrate teaching literature with fine arts and theatre.



Q-riosity

The school organized “Q-riosity” Inter-house Quiz Competition for Grade 1-10. The aim of the competition was to test the learners’ knowledge in various categories like General Knowledge, Sports, Entertainment and so on. The audience clapped when the teams answered correctly. The audience also got a chance to participate every time the teams answered incorrectly. It was a very informative and knowledgeable competition for the participants as well as the audience. All the houses actively participated and enjoyed the competition to the fullest.



Giving : An Act of Love

“It's not how much we give, but how much love we put into giving” – Mother Theresa

The International Day of Charity is observed on 5 September as it is the death anniversary of Mother Teresa, who died on this day in 1997. This day is observed to spread awareness among people, NGOs, and stakeholders to assist those in need. With same intention all the students and staff of TNR Excellencia Academy donated clothes, stationery, etc. to those in need.



Expressions 2022-23.

At the Interschool Art Competition; Expressions 2022-23, various neighboring schools participated and showed their innovative work of arts. The event was inaugurated with lighting the lamp. The judges for the competition were Mr. B Shashidhar Reddy and Mr. Md Asifuddin who had a tough time selecting the winners. It was truly an aesthetic joy to see young artists at work.



Mega Dance Showcase

In collaboration with TNR Excellencia Academy, Siri Muva Arts had organised Showcase of BDC (Biggest Dance Camp) Hyderabad, Season - 5.



Feel the Beat

Solo Dance competition was organized for students of Grades VI & VII. The dance forms of the competition were Classical, Semi-classical and Western. The competition began with great zest and excitement. The participants dressed in colorful costumes, twirled around and set the stage on fire with their thrilling performances.



Live your Life with the Sound of Music

Those who wish to sing always find a song-
Swedish Proverb

To bring out the singing talent of the students, Solo Singing Competition was organized for Grade VI & VII. The children sang the songs with lot of passion and confidence. The melodious songs pulled the heartstrings of the audience. Students showed their mastery over voice modulation, pitch, rhythm and tone.

CBSE Heritage Quiz



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Sore Today, Strong Tomorrow

In collaboration with Telangana Wadokai Karate Do Association students were examined by Shihan N. Dev Goud (Chief Coach Telangana Wadokai, International Coach, Gen Secretary, TWKA) for the Karate Belt Test.



Grade X – Our First Batch

FIRST BATCH OF GRADE – X 2022-23



*When things go wrong, as they sometimes will,
When the road you're trudging seems all uphill,
When the funds are low and the debts are high,
And you want to smile, but you have to sigh,
When care is pressing you down a bit,
Rest, if you must, but don't you quit.*



Hum Fit toh India fit

HEALTHY MIND RESIDES IN THE HEALTHY BODY. YOGA REJUVENATES ENERGY IN THE BODY AND MIND.

Fit India School Week at TNR Excellencia Academy: As a part of fitness week, Yoga session was conducted in order to promote physical and mental health in our students by Sports Facilitator Mr Owin Kumar.



Santa Claus is Coming to Town

For Christmas, the Primary Students (Grades I-V) wrote promise letters to Santa about practicing good behaviors and leaving behind all the wrong/ inappropriate behaviors. The aim of this activity was to help students be aware of their behaviors and keep a check on them. All the letters were displayed on the boards so that students don't forget to keep up their promises.



Hoo Hoo!!!
Jingle bells all around...
Positive vibes are found...
Blessings so profound...
Happiness is what that resound...

Believe in the Magic

TNR Excellencia Academy witnessed a wonderful time with the Christmas celebrations presented by the students and staff of Prithvi House. Students sang carols, enacted a nativity skit, and performed power packed dances that blazed the school with positive aura. Christmas is a celebration of joy, of giving and sharing, of laughter and, most importantly, of coming together with family and friends.



Celebrating the Future

Children's Day Celebrations at TNR Excellencia Academy: To make this day special for students, the teachers had celebrated special by involving students in various games and fun classroom activities. The highlight of the day was the performance by teachers and a slide show. The students were overwhelmed and enjoyed the day.



Harvest festival

The school celebrated Sankranthi with the Preprimary children with full of joy and happiness. All the students were dressed in traditional clothes which made the celebrations more bright and fun. We had a special assembly with the same theme of celebrations. As a part of celebrations Bhogi Pandlu were sprinkled over the heads of little ones to protect them from the powers of evil and bless them to be prosperous. Pre-Primary Teacher Ms Anjali enacted as Haridasu and narrated the stories of Hari. The little ones enjoyed the event to the fullest.



Students of Varuna house presented a Special Assembly on Sankranthi Festival. All the students were dressed in traditional clothes and enjoyed with dances, songs and other performances. A slide show showing the importance of the festival was shared with all. There were various competitions: Grades 1 to 2 had "Fill It Up - Rangoli Competition", Grades 3 to 5 had "Deco It Up - Rangoli Competition." Grades 6 to 9 had "Make It From Scratch - Rangoli Competition" and "Fly It High Kite Flying Competition". Apart from the students, competitions were also conducted for the drivers and helping staff of the school.



One Nation, One Vision, One Identity.

Celebrating the 74th year of Republic with great pride: This momentous occasion was graced by Chairman Mr.T Ravinder Rao, Managing Director Mr T.Sidhartha Rao, Director Mrs T.Aishwarya Rao. Our beloved Chairman Mr. T. Ravinder Rao unfurled the national flag. Paying homage to the martyrs who liberated us from the shackles of slavery and created the world's longest written constitution, the Chairman remembered the great leaders to whom we owe our existence, the ones who contributed in the creation of the Indian constitution. He not only paid tribute to the founder of our constitution but also reminded students about their rights and duties towards the society and nation. The cultural programme, followed by the National Anthem filled the young hearts with the spirit of patriotism.



Vasant Panchami Celebrations: Students and the staff celebrated Vasant Panchami with joy and fervour. Students, along with their teachers, sought blessings from Goddess Saraswati. The celebration started with the chanting of the spiritual songs and sacred mantras. The students truly enjoyed the celebration and enthusiastically shared the joy of festivity with everyone.



Imagination is the beginning of Creation

Students of Grade IX presented the assembly on “National Legal Services Day”. Speech and sharing of important facts were the highlights of the assembly.



Students and Staff of Hindi Department presented morning assembly in Hindi on the topic “Kisan Diwas” (Farmers Day). Prayer, pledge, news, thought for the day and an inspirational play were the highlights of the assembly.



Pin It And Win It

Sports Meet Season-1(2022) conducted by SS Modern Physical Education (SSMPE): Students were appreciated and awarded with medals and certificates by the Principal of the school Ms Sudeshna Mairal during the morning assembly. The entire school cheered and congratulated the winners.

Our Students won various medals in All India Open Karate Championship organized by Taika Martial Arts Academy.



Geo Map Quiz 2022 was organized by the Geological Survey of India (GSI), 66 students from grades 5 to 10 had taken part in the Preliminary Round. Out of these 66, 8 students had qualified for the Finals which were held on 17/12/2022 in the Nampally Exhibition Grounds. In the Finals, Ms. Rishitha Goud and Ms. Mahiya.V of Grade 10 had secured 2nd position in the Seniors Category. Mr. Krishna Chaitanya and Ms. Hitee Varshney of Grade 8 had secured 9th position in the Juniors Category out of 200+ schools.



Aryabhata Ganit Challenge 2022 (AGC)

Merit certificate from CBSE

Sl No	Name of the Student	Grade
1	Vankayala Venkataratna Mahiya	X
2	Paridhi Patel	IX
3	Hitee Varshney	VIII

Boxing Tournament, CBSE - South Zone

organized by Oasis School of Excellence

Sl No	Name of the Student	Grade	Medal
1	M Hema	IX	Gold

DRS International School

Sports Meet Season - 1

Category	Gender		Name of the Student	Grade	Medal
U-14	Girls	Kumite	M. Ritsika	VI	Gold
U-14	Boys	Table Tennis(Singles)	S. Nagarushik	V	Silver
U-14	Boys	Table Tennis(Doubles)	S. Nagarushik V. J Bruhath	V IX	Bronze

1st International open Karate Championship - Vishakapatnam

Sl No	Name of the Student	Medal	Grade	Category
1	B. Karthik Naik	Gold	VIII	13 - 14 years
2	V. Yashwanth	Bronze	VII	11 - 12 years
3	K. Nikhil	Bronze	V	11 - 12 years

2nd International Karate Championship - Hyderabad

Sl No	Name of the Student	Medal	Grade	Category
1	B. Karthik Naik	Gold	VIII	U-14 (Boys)

All India Open Karate Championship Organised by**Taika Martial Arts Academy - KATA**

Category	Gender	Name of the Student	Medal	Grade
U-14	Boys	B. Karthik Naik	Gold	VIII
U-14	Boys	Krishna Chaitanya	Bronze	VIII
U-10	Girls	Parnika Reddy	Gold	III
U-14	Boys	Rajesh Kumar Chowdary	Bronze	IX
U-16	Boys	Goutham Reddy	Gold	X
U-14	Boys	Ameer Hamza	Bronze	VII
U-14	Boys	Yashswi Sri Sai Krishna	Bronze	VII
U-12	Boys	G. Vignesh	Silver	VII

SS Modern Physical Education

ATHLETIC WINNERS

Category	Gender		Name of the Student	Medal	Grade
U-16	Girls	Shortput	Bhavya Sree. K	Gold	IX
U-16	Girls	Shortput	Rishitha Goud. T	Silver	X
U-16	Girls	Shortput	Hema. M	Bronze	IX
U-14	Girls	Shortput	Twisha Trivedi	Gold	IX
U-14	Girls	Shortput	Ayesha Jabeen	Silver	VII
U-14	Girls	Shortput	Tanushka Sharma(7)	Bronze	VII
U-14	Boys	Shortput	Krishna Madhav. V	Silver	VII
U-14	Boys	Shortput	Vanshvinod Singh	Bronze	VI
U-16	Girls	Discus Throw	Rishitha Goud. T	Silver	X
U-16	Girls	Discus Throw	Bhavya Sree. K	Bronze	IX
U-16	Boys	Discus Throw	Aman Sharma	Gold	X
U-16	Boys	Discus Throw	Rajesh Kumar Chowdary	Bronze	IX
U-14	Boys	Discus Throw	Yashswi Sri Sai Krishna	Gold	VII
U-14	Boys	Discus Throw	Krishna Chaitanya	Bronze	VIII
U-12	Boys	100 Mts Running	Akhil Sai. P	Silver	V
U-12	Boys	100 Mts Running	Abhiram. Bh	Bronze	VII
U-12	Girls	100 Mts Running	Shruthika. N	Silver	V
U-14	Boys	100 Mts Running	Vinilvinnu	Gold	VII
U-14	Boys	100 Mts Running	Uthkarsh Sarada	Bronze	VII
U-16	Girls	100 Mts Running	Vaishnavi. Bh	Bronze	IX
U-14	Boys	200 Mts Running	Vinilvinnu	Gold	VII
U-14	Boys	200 Mts Running	Uthkarsh Sarada	Silver	VII
U-16	Boys	200 Mts Running	Sai Thanush Reddy	Gold	IX
U-16	Boys	200 Mts Running	Deepak Seervi	Silver	X
U-12	Girls	Long Jump	Mahanya. J	Gold	V
U-12	Girls	Long Jump	Shruthika. N	Bronze	V
U-12	Boys	Long Jump	Abhiram. Bh	Gold	VII
U-12	Boys	Long Jump	Akhil Sai. P	Silver	V
U-14	Girls	Long Jump	L. Venkata Pranitha	Silver	VII
U-14	Boys	Long Jump	Uthkarsh Sarada	Bronze	VII
U-16	Boys	Long Jump	Sai Thanush Reddy	Bronze	IX

Keep Moving, Keep Learning – Field Trips

Creative Club

While travelling to the Butterfly Garden students were excited to see different type of art work on the side walls of the street and buildings. Sharing lunch with each other and enjoying the creativity of the nature made the trip memorable.



Eco Club

Students of Eco- club visited Butterfly Garden at Sanjeervaiah Park. Children observed that it is a butterfly shaped garden and it is designed to create an environment to attract more butterflies. It has its own colorful range of shrubs, creepers and trees with flowers, attracting butterflies. It was a pleasant way of learning about the beautiful nature.



Heritage Club

“Sai Geeta Aashram” The students learnt about sacred and devotional trees and their medicinal properties. The aromatic fragrance of the trees made the trip very special. Sharing lunch among the trees altogether gave a different vibe to the trip.



Vector Club

Students of Vector Club went on an educational trip to “Do Science Park” on 21.01. 2023. Students enjoyed the trip as they explored the Knowledge Park. They got familiar with equipment like Dynamo Bicycle, Magical Mirror, Pulleys and Periscope. They got practical experience with these devices. Such trips enhance the innovative thinking power of the students. They further understood the applied aspect of science in daily life.



Engaging Minds Empowering Success

“Most great learning happens in groups. Collaboration is the stuff of growth.”-Sir Ken Robinson

With a belief in the above adage, the Principals of CBSE schools regularly meet to share best practices with a common goal of betterment of students.

On 23 February 2023, a Principal's meet of CBSE Alwal Cluster was held at TNR Excellencia Academy. Principals from 16 schools joined the meet to discuss various issues related to education and the development of their schools.

The principals shared their experiences and challenges faced in their schools. They discussed ways to improve student attendance, academic performance, and teacher training. They also talked about the pressing need for taking care of mental health of students, shared their experiences of dealing with students' anxiety and stress and discussed ways to provide support to students and teachers.



Viva la Violet

The Kindergarten wing of TNR Excellencia Academy celebrated violet Day. All the children and staff were dressed in shades of violet, they also brought violet objects to make it a complete “Violet Day”! As a part of activity students did dab painting. The classrooms were beautifully decorated. All the students were given handmade paper pinwheel as take away.



Monochrome

All the students came dressed in Black/White clothes, they brought different objects/toys of Black & White color. As a part of learning activity, they decorated one corner of the class as night and went out to the park to know about light and day as the combination of these two colours is often related to 'day and night'. The objective of celebrating "Black & White Day" was to help students identify the colours, develop their fine motor skills and build connections to things around them.





**TNR
EXCELLENCE
ACADEMY**
International School

RANKED AS

ONE OF THE BEST SCHOOLS
IN HYDERABAD



Brainfeed
School Excellence Award



CBSE



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- Value Driven Curriculum
- Focus on 21st Century Skills
- High Academic Standards
- A Supportive and Inclusive Learning Environment
- Community Involvement
- A Balanced Blend of Indian Culture and Global Perspective



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Encouraging
Interactive
Learning



WHAT WE OFFER

- CBSE curriculum with an international approach
- A safe and intellectually challenging environment
- Hands-on, Experiential learning based on NEP 2020
- A balanced blend of academics and co-curricular
- Emphasis on 21st century skills
- Focus on core values
- Embracing global diversity, while respecting tradition

SALIENT FEATURES

INFRASTRUCTURE

- Spacious & Digital Classrooms
- International Standard Library
- Labs: Science, Computer, Math & EVS, Language
- AV Room
- Open Air Theatre
- Infirmary
- & Many More

SPORTS

- Cricket
- Lawn Tennis
- Badminton
- Football
- Volley Ball
- Basket Ball
- Athletics
- Martial Art
- Skating
- & Many More

VISUAL & PERFORMING ARTS

- Keyboards
- Guitar
- Drums
- Contemporary Dance
- Classical Dance
- Indian Vocal

TNR Excellencia Academy is founded by Mr. T. Ravinder Rao, a successful entrepreneur and humanitarian. He's made an impact on society through his innovative education approach and humanism. The school is in a pollution-free residential area in Jeedimetla, on a 3.5-acre campus. The school maintains high academic standards, providing students a well-rounded education for success in a modern world.

WHAT WE BELIEVE IN

- Character first, competence later

HOW DO WE ENSURE QUALITY

- Highly qualified trained teachers and staff
- Spacious classrooms
- Large open areas for sports and co-scholastics
- Optimum Student teacher ratio
- A wonderful parent teacher connect



AWARDS & ACCOLADES



India K-12 Award
Excellence in Adapting
Innovative Teaching Methods



K12 WOW Award
for Supremacy in
Quality Education



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Brainfeed Top 500 Schools of India 2022-23 was awarded to TNR Excellencia Academy in appreciation of our committed efforts and innovative approach to groom the young learners with skills for life.

Congratulations TNREA family!

